

# MINDBRIDGE

## Creating your own Emotion Mask:

### Materials Needed:

- 1 Paper Plate
- 1 Piece of Tape
- 1 Popsicle Stick
- Decorating Supplies: Markers, Watercolor, Sequins

### Steps:

- Everyone picks one emotion they would like to represent on their emotion mask.
- Write your chosen emotion somewhere on your mask.
- Decorate the mask using sequins, watercolor, and markers that symbolize that emotion!
- Attach the popsicle stick with tape to the back of the mask.

### Examples:

[https://higherlogicdownload.s3.amazonaws.com/ACTFORCHILDREN/c3f44a3e-20b9-430f-a9b6-77532e968f4d/UploadedImages/Early\\_Learning/AtHomeActivities/Ford\\_Heights/Activities\\_Week\\_05-11/FH\\_At-Home\\_Activity\\_Paper\\_Plate\\_Mask.pdf](https://higherlogicdownload.s3.amazonaws.com/ACTFORCHILDREN/c3f44a3e-20b9-430f-a9b6-77532e968f4d/UploadedImages/Early_Learning/AtHomeActivities/Ford_Heights/Activities_Week_05-11/FH_At-Home_Activity_Paper_Plate_Mask.pdf)

