

# MINDBRIDGE

## Behavior Toolbox:

### Materials Needed:

- One Unassembled White Box
- Coloring Utensils
- Tool Cards and Fidgets

### Steps:

1. Color and decorate the white box however you'd like—add your name, draw cool designs, use stickers, etc.
2. Assemble the boxes and choose the tools by looking at the “tool cards” on the table.
3. Pick 5 or 6 tools you want to try and 2 - 4 fidget
4. Choose the ones you like and put them inside your toolbox.
5. Practice using them in a group with practice situations.
6. Open your toolbox and choose one of your tools that could help.

