

# MINDBRIDGE

## Building your own “GOAL” Star:

### Materials Needed:

- Popsicle Stick
- 3 Pre - Cut “Goal Strips”
- 1 Pre - Cut “Goal Star”
- 1 Pre - Cut Ribbon
- Glue
- Coloring Utensils

### Steps:

1. Write one SMART goal per Pre - Cut Goal Strip and color as desired.
2. Label one Goal Star with the following:
  - ★ My SMART Goals
  - ★ My 2025 SMART Goals
  - ★ My Goal Star
3. Glue the three Pre -Cut Goal strips to the bottom left edge of the Star.
4. Glue a Popsicle Stick and your Pre-cut Ribbon to the back of the Goal Star .

### Examples:

