



## **Recommended Videos**

### **I. Videos**

#### **[Youth with Disabilities & the Resource Gap | Flatland in Focus](#)**

“While funded programs in Missouri exist to guide families whose teens with disabilities enter young adulthood, families still struggle to find what they need because of barriers such as time, income and paperwork. Kansas City parents say programs are hard to find and systems are confusing. In this episode, families and disability experts outline challenges they face and what they wish existed.”

#### **[Consideration for Youth with Mental Health and Intellectual and Developmental Disabilities Diagnoses](#)**

This video highlights how many young adults with mental health conditions may also experience co-occurring intellectual and developmental disabilities (IDD), which are frequently overlooked or insufficiently addressed. The presentation will offer an overview of mental health conditions that co-occur with IDD in children and adolescents.

#### **[Cognitive Behavioral Therapy \(CBT\) in Youth with Autism \(2019\)](#)**

This video highlights the UC Davis MIND institutes work in amplifying the voices of the disability community and promoting neurodiversity by



addressing challenges about outdated language used to describe neurodevelopmental disabilities.

### **Transition to Adulthood - Cognitive Behavior Therapy**

Dr. Felice Orlich from Seattle Children's Autism Center defines and describes CBT, while discussing its applications for Transitional Aged Youth.

### **Mental Health and Crisis Intervention in People with Developmental Disabilities**

This video emphasizes the frequent co-occurrence of developmental disabilities and mental illness, with a focus on issues such as diagnostic overshadowing, psychosocial masking, intellectual distortion, and the challenges in interpreting symptoms.